

The Arctiulate



Going to Nationals

This past summer I was shopping for camp when I met Pat and Teddy Kwiatkowski. Who are Pat and Teddy? They are the proud parents of Mark. Their faces were graced with smiles as they began to tell me about Mark and his friend's recent accomplishments. Here is their story that brought great joy to their lives.

This year at Penn State College, the Pennsylvania Summer Special Olympics were held from June 6 thru June 8. Our local chapter of Special Olympics is called AREA P, which covers Lackawanna, Wayne, Wyoming, Pike and Susquehanna counties. Many of the athletes for AREA P are also enthusiastic members of The Arc's Tuesday Night bowling league that meet at Idle Hour Lanes.

The friendships, sense of self-worth and achievements they acquired through bowling helped them to find their way into the Special Olympics where they compete in a variety of sports including Bowling, Golf, Swimming, Tennis, Basketball, Soccer, Track and Equestrian. Every practice and every event they attend, they do so with a smile on their faces and the determination to do well. Their drives, commitment, passion, enthusiasm, as well as their accomplishments are positively amazing.

This year at Penn State, our AREA P athletes had a very exciting year. The athletes brought home many metals from all their hard work despite the
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Mark Kwiatkowski. Mark won Gold and made Nationals.



Front row, l to r: Bill Domenick; Mark Kwiatkowski; Kayla Morgan; Cody Calvert
Back row, l to r: Louis Passeri; Kevin Naniewicz; Mary Beck; Bobby Robbins
Golf members who participated at Penn State Special Olympics Summer Games 2013


The Arc[™]

Northeastern Pennsylvania
115 Meadow Avenue
Scranton, PA 18505
Tel: 570-346-4010 Fax: 570-346-8436
www.thearcnepa.org
Email: frontdesk@thearcnepa.org

President's Message



A Night of Fun with the Knights!
The 22nd Annual Knight at the Races, at Mohegan Sun, supported by the Knights of Columbus was so much fun! Whether having great conversations with everyone, enjoying a nice dinner or hopefully, placing a few winning bets- it was a wonderful time. The Arc of

Northeastern Pennsylvania wishes to thank the gentlemen from the local Knights of Columbus councils for their continued support throughout the year helping to raise over \$10,000!!! Also, we had a lot of support from several Board members, parents, members of the community and Mohegan Sun, who were all very generous. Also, we received exceptional service from their staff! HUGE applause to everyone who helped make this year's event such a success.

We are now heading into a seasonal change! We have had a busy and beautiful summer and those long, hot days will be missed. Fall is among us and we are transitioning into warm days and cool, cool nights... Soon the trees will be showing off their gorgeous fall colors and it will be time for enjoying the great outdoors and the vibrant scenery. At The Arc, we have had an outstanding summer! The Arc's Summer Camp was filled with smiles and laughter, splashing in the pool, games and art projects, friendships and memories that will last a life time. Don Broderick, Mari Pizur and all the staff who have been running the Camp program for many years,



Arc-Knight Committee - Standing from left to right: Peter Kanton; Al Leone; Paul Vilgos; Charlie Vagnarelli; Ron Mroczka; Mark McDade; Eileen Rempe; Don Broderick.

are building relationships through interactions with peers and introducing new experiences while being included in fun-filled activities. Hats off to everyone for supporting all the GREAT work being done at The Arc.

Coming up very soon is the Auxiliary's bus trip to Mount Airy (October 12th) which is a lovely way to spend a Saturday and we are preparing for the upcoming Board Retreat (October 29th). Looking forward to seeing you all soon and Thank You for all the ways you support The Arc.

Sincerely Yours,
Carol Chisdak, President



Exec's Corner

Recently, I had the opportunity to think back over this past summer's activities and what a great summer it was. I had a blast at our staff summer outing at Lackawanna State Park, as I think so did all who attended. We had the chance to spend time with each other, meet

friends and families, present some awards to deserving staff and also to bid a fond farewell to Nancy Frank who retired from The Arc after 22 years. What a great day! Lots of laughs, fun games, great food, good weather and delightful camaraderie. Fellow staff members, if you missed this year's event, make plans now to be with us next summer. I'll guarantee you won't regret it.

Summer camp went "swimmingly", pardon the pun. Mari Pizur and her most wonderful staff made all campers feel welcomed and helped them enjoy a delightful and rewarding experience.

Both of our annual meetings went extremely well, thanks to Eileen Rempe and her cohorts.

And then there was the golf tournament. A new day, a

new time of year, a new location and 3" of rain. We had a great time anyhow and actually made a few bucks to boot. (Maybe I should have used the "swimmingly" word here). No matter, you get my point.

And now on to fall. It all starts over. Kids back to school, the United Way campaign, Arc Knight at the Races, the Family Fall Festival at Waldorf Park, fall bowling begins, back to Thursday evening recreation, the Board Retreat, preparing for licensing, lots of advocacy calls, preparing for the agency audit, "Buddy Walks" in Lackawanna and Monroe counties, and a "Buddy Ride" in Pike County and on and on and on.

Thank goodness we are here to help make life "meaningful" for our constituents and to assist our many families and friends. What a great place to work!

Respectfully yours,
Don Broderick

P.S. Lots of kudos, pats on the back, handshakes and "atta boys" for our good friend, board member, chairman of Lackawanna Parents of Down Syndrome group, colleague and most importantly, Kevin's father, Bob Durkin as he assumes his new role as President and CEO of the Greater Scranton Chamber of Commerce. Congratulations and best wishes from all of us.

Going to Nationals

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rainy weather some had to compete in. One athlete, Mark Kwiatkowski (Pat and Teddy's son), competed in the Golf Skills, and won the Gold Medal for the State of Pennsylvania. He will now go to Special Olympics Nationals which are held every 4 years. The Nationals will be held June 14 thru June 21, 2014 in Princeton, NJ. He will have to show his skills in driving, long putt, short putt, chipping (his favorite) and sand traps. Mark has been on the Golf League since 2006 and absolutely loves it! He wasn't too sure if he'd like it when he started, but he was hooked on the first night. The Golf League meets

on Friday nights at Rock Creek Golf Course, who graciously donates their course. The athletes who make it through Nationals will go on to the World Games. The World Games are held internationally every 2 years. In 2015 they will be held in Los Angeles, CA. It has been 16 years since they were held in the USA. Over 7000 athletes will compete from over 170 counties and compete in over 21 Olympic type sports.

This area is also honored to have 2 athletes be alternates to the Nationals for Golf. They are Bobby Robbins and his partner Jeff Snyder for the Partner Level competition. Mary Beck

was chosen for the Female Level 1 competition. Let's wish them all the best of luck in 2014!

The Special Olympic Golf Team members that competed at Penn State are Mark Kwiatkowski, Bobby Robbins, Mary Beck, Bill Domenick, Louis Passeri, Cody Calvert, Kayla Morgan and Kevin Naniewicz.

As I walked away from Pat and Teddy, it was like I just received a Vitamin B Shot! I was smiling knowing how proud they were of their son and all the athletes! It was at that moment I realized how blessed the athletes were to have such amazing parents and support!

Employee Recognition Luncheon

The Employee Recognition Luncheon was held on Sunday, August 11, 2013 at Lackawanna State Park. The following were the 2013 Employee Recognition Luncheon Award Recipients:

Five Years of Service

Renee Deacon
Erin Farley
Allison Hull
Eric Martinborough
Sara Petrini
Mary Philbin
Joe Sepe

Fifteen Years of Service

Barbara Kelk
Theresa Leggat



Thirty Years of Service

Pat Quinn

And In Honor of Her Retirement

Nancy Frank

Every single one of you makes a difference! The family style picnic was great and we are looking forward to next year. A huge thank you goes to the Employee Driven Initiative Fund Committee for assisting with the cost of this event.



Buddy Ride

Hello Arc Family!

Our Buddy Ride for Down Syndrome Awareness was a success! We had 50 motorcycles and 64 people ride a 2 1/2 hour scenic route from Milford to East Stroudsburg. It was an overwhelmingly emotional day to see it all take place.

Thank you to The Arc for all you do to help The North PPODS and friends exist and run smoothly. Thank you to Pat Quinn for driving out to Milford to be a part of it.

If any of you are on Facebook, please like the page www.facebook.com/BuddyRideForDownSyndromeAwareness and you can view photos and a video of the bikes departing Milford.

Thanks again and talk to you soon!

Mandy Colville
www.ppodsnorth.org

The North Pocono Parents of Down Syndrome and Friends hosted the Buddy Ride for Down syndrome Awareness on September 22nd. The motorcycle run departed from Milford on a two and a half hour scenic ride that ended in East Stroudsburg, site of the annual Buddy Walk. The two awareness

events kicked off October as Down syndrome Awareness month.

The North Pocono Parents of Down syndrome and Friends is a non-profit organization open to parents of children with any special needs. It promotes awareness, acceptance and advocacy for children with Down syndrome. For more information, email PPODSandFriends@yahoo.com or visit www.ppodsnorth.org

News from the National Down Syndrome Society: NDSS founded the Buddy Walk® in 1995 to spread our mission of promoting the value, acceptance and inclusion of people with Down syndrome at the local level. The National Buddy Walk® Program has grown from 17 Walks in 1995 to over 250 Buddy Walks expected this year. Last year, over 295,000 people participated in a Buddy Walk® and over \$11.75 million was raised to support both local and national programs. Most Buddy Walks take place in and around October in celebration of Down Syndrome Awareness Month.

The Parents of Down syndrome of NEPA (PODS) are sponsoring a Buddy Walk at Memorial Stadium, Scranton, on Sunday, October 6th at 12:00 noon.



Brennan, Ken, Buddy Ride Chairperson, Grace and Mandy Colville

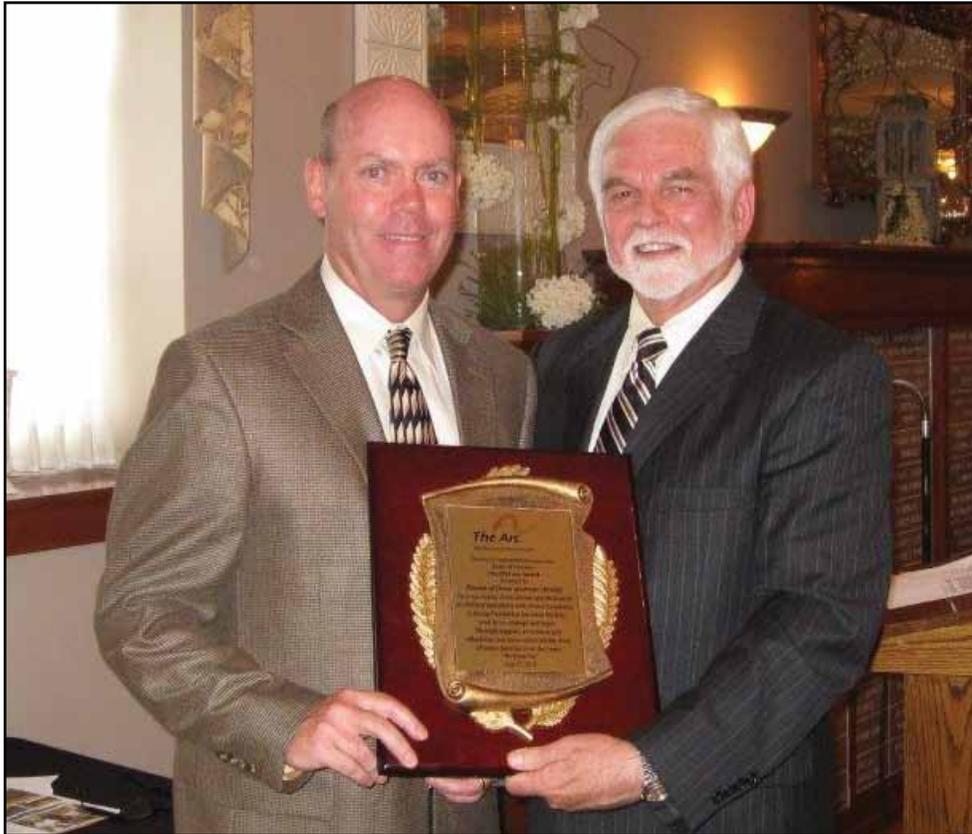


Laura Ducceschi, Director and CEO from the Scranton Area Foundation visited The Arc's Day Program and toured the Community Residential homes. We were very excited to have Ms. Ducceschi spend some time with us and enjoyed her enthusiasm while she experienced all the hugs, kisses and smiles.

Pictured: Don Broderick, Stacy Mallory, Sara Wolff, Laura Ducceschi

2013 Annual Meeting and Awards Luncheon

At the 2013 Annual Meeting and Awards Luncheon, we honored several people for a variety of recognitions:



Pictured is Bob Durkin accepting The 2013 Arc Award on behalf of PODS

Consumers of the Year Awards

Ed Reilly - Harvey Mulligan Award
Sandy August
Stacy Mallory
Sharon McHugh
Dawn Morgan

Outstanding Philanthropy

Peter Danchak - PNC Bank

Special Recognition

FOX 56 - WOLF TV
Leadership Lackawanna/
Tomorrow's Leaders Today
Scranton School District

Extraordinary Dedication

John Balko (In Remembrance)
Carrie Henwood
Laura Lee Page

Board Member Term of Service

Award for completion of two consecutive three year terms:

Kelly Carey
Karen Clifford
Phil Rossi

The Arc Award

Parents of Down Syndrome (PODS)

Christmas Greetings From Trios Italian Family Restaurant

Trios Italian Family Restaurant, located on 1315 Hamlin Highway in Lake Ariel, is celebrating the holidays with The Arc! We are building full size Christmas displays including gift shops, a bakery, toy store, candy store, Santa's House and many others for a Christmas Wonderland. The walk through will take place on December 14th and 15th on our Lower Parking Lot.

By giving to this event, you are supporting The Arc-NEPA and the great work they do! The donations will be recognized in a variety of ways including signage and listed in the program.

Please help to raise money to support children and adults with intellectual and developmental disabilities.

Donate Your Vehicle

*An Easy Way to Turn
Cars into Cash for Charity*

The Arc Vehicle Donation Program accepts all cars, trucks, motorcycles, RVs, regardless of the condition of the vehicles. Towing is free to the donor. If you want to donate your vehicle, please click on the link on The Arc's website www.thearcnepa.org or call 1-877-272-2270. All you will need to do is provide the year, make and model of a vehicle, the general condition, the vehicle identification number and the title of the vehicle of the must be available for information purposes when calling. All vehicles that are donated to our program must have a clean title. Please indicate The Arc of Northeastern Pennsylvania as the chapter to receive the proceeds of the sale of the vehicle.



**Donating is easy!
It may be tax-deductible.**

Leave a Legacy – Estate Giving Program

Remembering...

The Arc's founding parents, concerned community members and friends have passed on a legacy of commitment to a new generation. Today, we seek to sustain this legacy.

Building...

Looking toward tomorrow may often be intimidating, but at The Arc we continue the mission and grow with the needs of the children and adults we serve.

Leaving a Legacy...

By giving a gift to The Arc, you are ensuring a bright future for the people served in programs. Estate Giving allows for a variety of ways for individuals to choose the support most appropriate for planning their legacy: Outright cash gifts, designated life insurance policy, bequests, real estate.

We appreciate your kindness you show on an annual basis. As we move forward today and throughout

the year, we also need to be remembered as we go into the future. With your generosity, we can continue offering the services to the individuals who need them. If you would like to explore a method of giving that is right for you, please feel free to contact us and we will be happy to meet with you. For specific financial or legal advice, please consult with an attorney or financial planner.



Honorariums



Celebrating birthdays, anniversaries, special events are all beautiful moments to be honored and cherished. Remembering your loved ones, friends, neighbors, co-workers is a wonderful way to let them know how much you care and that you are thinking of them. We can help relay those messages for you.

When you send The Arc a donation along with the name of the person(s) being honored, we will send a pre-printed card to the honorees, letting them know that a donation was made in their name and who sent the gift. It's a great way to say, "I Care" and benefit The Arc!

We also have a Memorial Program which sends your sympathy and condolences when a loved one passes away. We are here to assist you in making your wishes known.



Upcoming Events

Please Mark Your Calendars!

October

- Arc Tracks Bus Trip to the Corning Glass Museum and Downtown Corning, NY - October 5th
- PODS Buddy Walk, Memorial Stadium, Scranton - October 6th
 - Auxiliary Bus Trip to Mount Airy - October 12th
 - Board Retreat - October 29th
- Elementary School programs (Scranton School District) - October 22nd & 25th

November

- Knights of Columbus Appreciation Party
- Spares that Care - Family Fun Bowling, Valley Lanes - November 10th

December

- Poinsettia Sale
- Cookie Walk
- Holiday Show at Arc
- Holiday Party - Fiorelli's - December 6th

United Way Day of Caring 2013



On Wednesday, September 11th, The Arc proudly participated in the United Way of Lackawanna and Wayne Counties "Day of Caring", during which hundreds of individuals from various companies and businesses in our community come together to work side by side with United Way partner agency staff to accomplish all sorts of tasks and to learn more about how their dollars benefit the agencies funded by the United Way.

This year's projects at The Arc included landscaping, weeding, planting, driveway sealing, painting and boiler inspections. The volunteers worked at Weston Park, as well as, the Adult Day Services Program area and several Community Residential homes. The Arc of NEPA has been a participant in "Day of Caring" since its inception, and we are proud of the many friendships made over the years through this special community day.

Thanks to The Scranton District Dental Society



Carol Chisdak, Eileen Rempe, Don Broderick, Drs. Stephanie Hanyon, J.R Karam, Justin Burns, Amy Cravath (pres.), Jessica Falk

The Scranton District Dental Society (SDDS), during their annual golf tournament, recently donated \$1,750 to The Arc. The Arc partners with SDDS each year to prepare thousands of gift bags for local children during National Children's Dental Health Month in February.



Bus Trip to Mt. Airy!

**Saturday
October 12, 2013**

Leaving The Arc
9:30 a.m.

Departing from Mt. Airy
3:30 p.m.

Returning to The Arc
4:15 p.m.

Cost: \$27.50

\$25.00 Slot Rebate &
\$10.00 Food Voucher

RSVP by
Wednesday, October 9, 2013

Please make checks payable to:
The Friends of The Arc Auxiliary
and send to:

The Arc
115 Meadow Avenue
Scranton, PA 18505

Any questions please call
570-346-4010

*Proceeds benefit
The Friends of The Arc Auxiliary*



The Arc
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Our Vision
 "People with intellectual
 and developmental
 disabilities are entitled to
 live full, self-determined
 respected lives."

VISIT US AT:
www.thearcnepa.org
 Find us on Facebook

Affiliated with the  , The Arc of PA and The Arc of US.

DESIGNED BY: BILL PILLING GRAPHICS

*Sign
 Up!*

Membership is the key...

You can help. Become a member of The Arc of Northeastern Pennsylvania today. Benefits include:

- National, state, and local newsletters with current information on intellectual and developmental disabilities.
- The opportunity to participate in The Arc affairs at a local, state, and national level.
- Attend conferences, conventions, and seminars at a reduced cost.
- Discount prices on publications.
- Insurances services, credit card program, and free one year subscription to ABILITY digital magazine.

Stay Informed!

Membership Registration

New Member Renewal

Name: _____

Address: _____

Phone: _____

- Type of Membership
- \$25.00 - \$49.99 Friend
 - \$50.00 - \$99.99 Sponsor
 - \$100.00 - \$499.99 Supporter
 - \$500.00 - \$999.99 Benefactor
 - \$1,000.00 + Partner

Please remit to:


The Arc
 Northeastern Pennsylvania
 115 Meadow Avenue
 Scranton, PA 18505