



**Calling ages 13-21 years old**



**To The Arc Recreation Teenage Wellness Program**

**Join us for some fun and exercise!!!**

**April 2022 Schedule**



**Monday, April 4th**



**5:30pm**

**Ribbon Cutting Ceremony for  
The Arc Recreation Teenage Wellness Program**

**Then join us for a night of.....**

**Chair Yoga with our one and only Mindy Hill at**

**Nay Aug Park (Schimelfenig Pavillion near the pool)**

**Healthy Snack and drink will be served Fee \$5.00**

**Reservations required by Wednesday, March 30, 2022**



**Monday, April 11th**



**5:30pm**

**Nay Aug Park (Schimelfenig Pavillion near the pool)**

**We will be having a Hippy Hop Dance with EJ the DJ!**

**Healthy Snack and drink will be served Fee \$5.00**

**Reservations required by Wednesday, April 6, 2022**



**Monday, April 18th**



**5:30pm**

**Nay Aug Park (Schimelfenig Pavillion near the pool)**

**Let's have a Scavenger Hunt!**

**Join us in celebrating Nature and hunt for some prizes.....**

**Healthy Snack and drink will be served Fee \$5.00**

**Reservations required by Wednesday, April 13, 2022**



**Monday, April 25th**



**5:30pm**

**Nay Aug Park (Schimelfenig Pavillion near the pool)**

**We will be moving and grooving with exercise led by Marianne Scrimalli!**

**Healthy Snack and drink will be served Fee \$5.00**

**Reservations required by Wednesday, April 20, 2022**

**The Arc's staff is not responsible for the supervision of program participants**

**Parents/staff must stay with each participant.**

**For reservations or any questions contact Mari or Holly at 570/207-0825**