Daily Log Sheet

Name: _____ Date:

Time: _____ Shift:

9 AM - _____

_____

10 AM - _____

_____

11 AM - _____

_____

12 Noon - _____

_____

1 PM - _____

_____

2 PM - _____

_____

3 PM - _____

_____

4 PM - _____

_____

5 PM - _____

_____

6 PM - _____

_____

7 PM - _____

_____

8 PM - _____

_____

9 PM - _____

_____

10 PM - _____

_____

CONSERVE ENERGY UPON LEAVING THE GROUP HOME

- **Turn off all lights**
- **Lock all doors**
- **Turn down the thermostat to 65 degrees**
- **If available switch the refrigerator and/or dishwasher to ENERGY SAVER**